

# SABIS®

## Web-Enhanced Quiz Practice

Student Training V. 2.0





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1. Introduction
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# 1. Introduction

## What is the SABIS® Web-Enhanced Quiz?

- An interactive tool available on SABIS® Digital Platform that allows you to better prepare for exams.

## What are the types of SABIS® Web-Enhanced Quizzes available?

- There are two types of quizzes available:
  - The ***AMS Quiz***, typically used to prepare for AMS exams.
  - The ***Course Practice Quiz***, typically used to review a section or chapter within a course.



# 1. Introduction

## What is the difference between the types of Quizzes?

- The ***AMS Quiz***.
  - available on SABIS® Digital Platform a week prior to the actual AMS exam under a specific *Term* and *Week*.
  - used to review AMS concepts and practice sample questions for the upcoming AMS exam.
- The ***Course Practice Quiz***.
  - available on SABIS® Digital Platform under a specific *course book*.
  - used to review for periodic and final exams, and assess your mastery on sections or chapters of a course.



## 2. Accessing the Quizzes

Log in to SABIS® Digital Platform using your credentials and click on the **Exam Preparation** tile.

Welcome to  
**SABIS® Digital Platform**

This dynamic platform has been designed for you to access the wide range of SABIS® operational and academic components, as well as useful school information.

[Forgot credentials?](#)

**Log in**

By clicking 'Log in', you are agreeing to our [Terms & Conditions](#), [Privacy Policy](#), and [Cookies Policy](#).

The dashboard features a grid of six tiles:

- Distance Learning Videos**: Red tile with a laptop icon.
- Homework Assignment**: Yellow tile with a document icon.
- Exam Preparation**: Green tile with a download icon, highlighted with a red border.
- Schedules and Timetables**: Light blue tile with a calendar icon, showing '30 Thursday'.
- Progress Overview**: Dark blue tile with a bar chart icon.
- Reports**: Red tile with a clipboard icon.




## 2. Accessing the Quizzes

For *AMS Quizzes*, click on **Exam Practice/Documents**.

You will be redirected to the current term.

The screenshot shows the 'Exam Preparation' interface. At the top, there is a search bar and a user name 'Celine'. Below this, there are three tabs: 'Exam Practice/Documents' (with a '2' badge), 'Course Practice', and 'Opt-out Exams Documents' (with a '18' badge). A hand icon points to the 'Exam Practice/Documents' tab. Below the tabs, there are three dropdown menus: 'Term 1', 'Week 2' (with a '+' sign), and 'Subject' (with a '+' sign). To the right of these menus are two buttons: 'View Unread Documents' and 'Current Term - Week'. Below this, the 'Term 1' section is expanded to show 'Week 2 - Current'. A list of documents is displayed with columns for subject, document name, download icon, and date. The 'Science' document is highlighted with a red box around its globe icon.

Subject	Document Name	Download Icon	Date
Mathematics	Math Level I 1819.pdf	↓	March 19, 2019
French	French Grammar Level I 1819.pdf	↓	March 19, 2019
Computing	Computer Science Level I 1819.pdf	↓	March 19, 2019
Science	1819-Science-AMS-Practice	🌐	March 19, 2019
Mathematics	1617-200319-Q6-M-AMS	🌐	March 19, 2019

The interactive quizzes available for a specific subject will be displayed under the corresponding week and subject labeled with the icon .

Click on this button to start practicing.




## 2. Accessing the Quizzes

For *Course Practice Quizzes*, click on **Course Practice**.

The screenshot shows the 'Exam Preparation' page. At the top right is a search bar labeled 'Search...'. Below it are three navigation tabs: 'Exam Documents/Practice' with a count of 1, 'Opt-out Exams' with a count of 1, and 'Course Practice' which is underlined and has a hand icon pointing to it. Below the tabs is a 'Subject' dropdown menu currently set to 'Mathematics'. A table below the dropdown lists two quizzes:

Quiz Title	Last taken on	Score	Status	Date
Mathematics Level E - Chapter 4, Section 1	Aug 13, 2020	2/2 Question(s)	Practice Selected	July 30
Mathematics Level E - Chapter 4, Section 2	17 Question(s)	In Progress	Practice Selected	August 12

The quizzes available for a specific subject will be displayed under the corresponding book, chapter and section.

Select the quiz you want to practice and click on the  button to start.



# 3. Practicing

Step 1: Click on  to take the quiz and start practicing

 supports the body and protects the internal organs.' At the bottom, there is a navigation bar with buttons for 'Save And Exit' and 'Submit Quiz', and a grid of question numbers from 1 to 37. Question 3 is highlighted in yellow, and questions 1-24 are highlighted in blue. A red box highlights the entire bottom navigation area."/>

0506-AMSQUIZ-2-S-AMS

Time Spent 00 : 00 : 46 2/37 Quiz Progress

Reset

Fill in the blanks.

The  supports the body and protects the internal organs.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24  
25 26 27 28 29 30 31 32 33 34 35 36 37

Save And Exit Submit Quiz

All questions are visible at the bottom of the screen, and you can navigate easily between them.

Color	Question Status
Blue	Questions not answered
White	Questions answered
Yellow	Question currently being attempted

**Note:** Practicing AMS or Course Practice quizzes follow the same process and have the same functionality. However, they are accessed from slightly different locations.





# 3. Practicing

## Step 2: Monitor your progress

0506-AMSQUIZ-2-S -AMS

Time Spent  
00 : 00 : 46

2/37  
Quiz  
Progress

Reset

Fill in the blanks.  
The  supports the body and protects the internal organs.

Reset

Discussion

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
25	26	27	28	29	30	31	32	33	34	35	36	37												

Save And Exit Submit Quiz

Refer to the Section Explanation if needed. It provides you with the respective explanation related to the question.

Reset your answer(s) by clicking on any of the Reset buttons.

Always track your progress by monitoring the time spent attempting the quiz, and by viewing the number of questions already answered.



# 3. Practicing

## Step 3: Save your answers and exit

0506-AMSQUIZ-2-S -AMS

Time Spent  
00 : 00 : 46

2/37  
Quiz  
Progress

Reset

Fill in the blanks.

The  supports the body and protects the internal organs.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24  
25 26 27 28 29 30 31 32 33 34 35 36 37

Save And Exit Submit Quiz

At any time during the quiz attempt, you may decide to save your answers and exit the quiz.

By doing so, answers that are already entered will be saved, and you will be able to finish the quiz later.



# 3. Practicing

## Step 4: Resume the quiz

The screenshot shows a web interface for 'Exam Preparation'. At the top, there is a search bar and a user name 'Celine'. Below this, there are tabs for 'Exam Practice/Documents' and 'Course Practice'. A navigation bar includes 'Term 1', 'Week 2', and 'Sub'. The main content area is titled 'Term 1' and lists several documents: 'Mathematics: Math Level I 1819.pdf', 'French: French Grammar Level I 1819.pdf', 'Computing: Computer Science Level I 1819.pdf', 'Science: 1819-Science-AMS-Practice', and 'Mathematics: 1617-200319-Q6-M-AMS'. A modal dialog box is overlaid on the interface, containing the following options: 'View History', 'Attempt Quiz', 'Start New Quiz', and 'Resume Quiz'. The 'Resume Quiz' option is selected and underlined. At the bottom of the dialog are 'Ok' and 'Cancel' buttons. In the background, a table shows quiz attempts with 'In Progress' status and dates.

If you saved and exited the quiz during the last attempt, the quiz will be labeled as “In Progress”.

The next time that you want to attempt this quiz, you may resume from where you left off. In this case, you will not need to re-attempt questions that were already answered.

You may also start a new attempt at the quiz. In this case, all previously answered questions are reset.



# 3. Practicing

## Step 5: Submit the quiz

0506-AMSQUIZ-2-S-AMS

Time Spent 00 : 09 : 06

37/37 Quiz Progress

Reset

What happens when ligaments in a joint stretch too far and tear? Choose the answer.

a sprain

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

25 26 27 28 29 30 31 32 33 34 35 36 37

Save And Exit Submit Quiz

After answering all questions and reviewing your answers, you may submit the quiz to view your score.

Once the quiz is submitted, you will be redirected to the score page.



# 3. Practicing

## Step 6: View your score

Question	Description	Book Link	Time Spent	Results
1	Define homeostasis. (492600)	S-YB-01-001	0m 11 s	✓
2	State five functions of the skeletal system. (568372)	S-YB-01-001	0m 13 s	✓
3	List the main functions of the axial skeleton. (492611)	S-YB-01-001	1m 6 s	✗
4	State the main function of the appendicular skeleton. (492616)	S-YB-01-001	0m 15 s	✗
5	Identify some ways to help lower the risk of osteoporosis.(492656)	S-YB-01-001	0m 15 s	✗
6	Describe a tissue.(492588)	S-YB-01-001	0m 20 s	✓
7	Describe an organ. (492592)	S-YB-01-001	0m 8 s	✓
8	Describe an organ system. (492595)	S-YB-01-001	0m 16 s	✓
9	Describe an organism. (492598)	S-YB-01-001	0m 7 s	✓
10	Describe the composition of bones and cartilage. (492603)	S-YB-01-001	0m 24 s	✓
11	Recognize the role of each of the components of bones and cartilage. (492605)	S-YB-01-001	0m 13 s	✗
12	Define ligaments. (492608)	S-YB-01-001	0m 13 s	✗
13	Define vertebrae. (492614)	S-YB-01-001	0m 12 s	✓
14	Locate compact bone tissue and spongy bone tissues in a bone.(492617)	S-YB-01-001	0m 10 s	✓
15	Describe spongy bone tissue.(492618)	S-YB-01-001	0m 11 s	✓
16	Name the substance that fills the spaces in spongy bone tissue in long bones. (492622)	S-YB-01-001	0m 12 s	✗
17	Define cartilage.(492623)	S-YB-01-001	0m 7 s	✓
18	Define osteogenesis.(492624)	S-YB-01-001	0m 18 s	✓
19	Define ossification.(492624)	S-YB-01-001	0m 24 s	✓
20	Describe the process of ossification.(492626)	S-YB-01-001	0m 21 s	✗
21	Define joints.(492627)	S-YB-01-001	0m 8 s	✓

For each question, you can view:

- The description
- The book link for reference
- The time spent per question
- The result

Your total score is also displayed on the right corner of the screen.



## 3. Practicing

### Step 7: View your answers

34	Describe bone formation and break down in humans.(492654)	S -YB-01-001	0m 11 s	✗
35	Define fracture.(492659)	S -YB-01-001	0m 5 s	✓
36	Define a dislocation.(492662)	S -YB-01-001	0m 10 s	✓
37	Define sprain.(492666)	S -YB-01-001	1m	✓
			<b>9m 29 s</b>	

Fill in the blanks. Drag and drop.

Student Answer      Section Explanation

bone breakdown    bone formation    vitamin D release    bone disorders

In adulthood, the rate of **bone breakdown** is lower than the rate of **bone formation**.

Upon clicking on a previously attempted question you are also able to:

- View the answer you have submitted
- Access the Section Explanation

Note: After the first attempt, you will not be able to view a question's correct answer.



## 3. Practicing

### Step 8: Attempt incorrect questions again

				Start New Quiz	Finish Quiz	Attempt Incorrect Questions Again	27 / 37
Question	Description	Book Link	Time Spent	Results			
1	Define homeostasis. (492600)	S-YB-01-001	0m 11 s	✓			
2	State five functions of the skeletal system. (568372)	S-YB-01-001	0m 13 s	✓			
3	List the main functions of the axial skeleton. (492611)	S-YB-01-001	1m 6 s	✗			
4	State the main function of the appendicular skeleton. (492616)	S-YB-01-001	0m 15 s	✗			
5	Identify some ways to help lower the risk of osteoporosis.(492656)	S-YB-01-001	0m 15 s	✗			
6	Describe a tissue.(492588)	S-YB-01-001	0m 20 s	✓			
7	Describe an organ. (492592)	S-YB-01-001	0m 8 s	✓			
8	Describe an organ system. (492595)	S-YB-01-001	0m 16 s	✓			
9	Describe an organism. (492598)	S-YB-01-001	0m 7 s	✓			

After checking your results, you may choose one of the following options:

- *Start a new quiz:* to re-attempt the entire quiz again
- *Finish the quiz:* to save and exit the quiz
- *Attempt incorrect questions again:* to re-attempt only incorrectly answered questions



# 3. Practicing

Step 9: Read the Section Explanation before answering.

0506-AMSQUIZ-2-S-AMS Time Spent 00:01:18 0/37 Quiz Progress

3 -

## 1.1 The Skeletal System

**Key Terms**

- cartilage
- dislocation
- fracture
- homeostasis
- joint
- ligament
- ossification
- osteogenesis
- osteoporosis
- sprain
- vertebrae

At the start of a bike race, you grip the handles with your hands, take a deep breath, and prepare your legs to pedal. At the starting whistle, your body begins to move. Have you ever wondered how different systems of your body respond and allow you to move and race?

**Learning Point**  
1. Describe the cellular organization of the human body.

**Organization of the Human Body**  
All living things are made up of cells. Most human cells have the same parts, but each one becomes specialized into certain functions. Similar specialized cells are grouped together to form tissues. Tissues work together inside an organ, and organs cooperate to perform specific functions in an organ system. Organ systems are arranged into a whole organism.

**Checkpoint** What are the five levels of cellular organization of the human body?

**Figure 1** Levels of cellular organization of the human body are cells, tissues, organs, organ systems, and organisms.

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Save And Exit

Submit Quiz

By choosing to attempt the incorrect questions again, you will be redirected to the quiz page, and questions answered correctly on the first attempt are disabled.

Color	Question Status
Blue	Questions not answered
Green	Questions answered correctly on the first attempt
Red	Questions answered incorrectly on the first attempt
Yellow	Question currently being attempted

Remember to read the Section Explanation carefully before your second attempt.

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# 3. Practicing

## Step 10: Finish the quiz

0506-AMSQUIZ-2-S-AMS

Time Spent 00 : 06 : 46

9/37 Quiz Progress

Reset

Fill in the blanks. Drag and drop.

vitamin D release bone disorders bone breakdown bone formation

In adulthood, the rate of vitamin D release is lower than the rate of bone breakdown.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

25 26 27 28 29 30 31 32 33 34 35 36 37

Save And Exit Submit Quiz

Once again, you may decide to save your answers and exit the quiz at any moment, and then resume it later.

Once you have finished the quiz, submit your answers to see your results within the score page.





## 3. Practicing

### Step 11: View your score after the second attempt

Question	Description	Book Link	Time Spent	Results
1	Define homeostasis. (492600)	S-YB-01-001	0m 11 s	✓
2	State five functions of the skeletal system. (568372)	S-YB-01-001	0m 13 s	✓
3	List the main functions of the axial skeleton. (492611)	S-YB-01-001	5m 11 s	✗
4	State the main function of the appendicular skeleton. (492616)	S-YB-01-001	0m 37 s	✗
5	Identify some ways to help lower the risk of osteoporosis.(492656)	S-YB-01-001	0m 24 s	✗
6	Describe a tissue.(492588)	S-YB-01-001	0m 20 s	✓

Print Results Start New Quiz Finish Quiz 32 / 37

The score page after the second attempt is similar to the score page after the first attempt. However, you cannot attempt incorrect questions for a third time.

You may only:

- Print Results
- Start New Quiz
- Finish Quiz



## 3. Practicing

### Step 12: View the answers after the second attempt

34	Describe bone formation and break down in humans.(492654)	S-YB-01-001	1m 16 s	✗
35	Define fracture.(492659)	S-YB-01-001	0m 5 s	✓
36	Define a dislocation.(492662)	S-YB-01-001	0m 10 s	✓
37	Define sprain.(492666)	S-YB-01-001	1m	✓
			<b>16m 25 s</b>	

Student Answer   ? Correct Answer   Section Explanation

Fill in the blanks. Drag and drop.

bone formation   bone breakdown   bone disorders   vitamin D release

In adulthood, the rate of bone formation is lower than the rate of bone breakdown.

Following a second attempt at a quiz, you will be able to view the correct answer upon clicking on a previously attempted question.



# 3. Practicing

## Step 13: View your history of previous exam practice sessions

The screenshot displays the 'Exam Preparation' interface. A modal window is open in the center, offering three options: 'View History' (unselected), 'Attempt Quiz' (selected), and 'Start New Quiz' (unselected). Below these options are 'Ok' and 'Cancel' buttons. The background interface shows a list of exam practice sessions under 'Term 1', 'Week 2 - Current'. The list includes subjects like Mathematics, French, Computing, and Science. Two rows are highlighted with red boxes: one showing 'Score: 27/37 Question(s)' and another showing 'Last Attempted on Jun 07, 2019'.

The summary of your last attempt is displayed in the quiz tile.

As long as the quiz is active, you may take as many attempts as desired.

In addition, the history of each practice session previously attempted is saved and accessible by clicking on ***View History***.



## 3. Practicing

### Step 14: View the history of previous attempts

**Previous Sessions**

Feb 21, 2019 - 12:49 PM - Practice Session 1 ▾

Feb 21, 2019 - 2:18 PM - Practice Session 3

Feb 21, 2019 - 2:16 PM - Practice Session 2

Feb 21, 2019 - 12:49 PM - Practice Session 1

2	State five functions of the skeletal system. (568372)
3	List the main functions of the axial skeleton. (492611)
4	State the main function of the appendicular skeleton. (492616)
5	Identify some ways to help lower the risk of osteoporosis.(492656)

You may view the history of a practice session by selecting it.



*Thank  
You*

*Education for a changing world.®*

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